Worksheet # 8

Patient Counseling

Learning Objectives

1. Educate a patient on a new prescription.

2. Educate a patient regarding proper use of a device.

**Preceptor:** Evaluation criteria for conducting an appropriate patient interview are included at the end of this activity. Please use the checklist to facilitate discussion with the student and provide the student with feedback. After discussing this activity with the student, please sign-off in E-value that it has been accurately completed.

**Part I:**

Identify at least **2** new prescriptions, accurately prepare patient counseling information and appropriately counsel the patient on the new prescription utilizing the criteria below. Be sure to use the patient interview criteria at the end of this form when communicating with a patient.

**Patient #1:**

a) Identify the name, and state purpose of the medication.

b) State proper administration of medication regarding dosage, route, frequency, duration, technique, and what to do if missed doses.

c) Explain expected response to therapy (e.g. you should experience an improvement in symptoms within one day).

d) State potential adverse effects and pertinent drug interactions. Explain strategies for prevention, identification, and/or management.

**Patient #2:**

a) Identify the name, and state purpose of the medication.

b) State proper administration of medication regarding dosage, route, frequency, duration, technique, and what to do if missed doses.

c) Explain expected response to therapy (e.g. you should experience an improvement in symptoms within one day).

d) State potential adverse effects and pertinent drug interactions. Explain strategies for prevention, identification, and/or management.

**Part 2:**

Identify at least **1** device, accurately prepare patient counseling information and appropriately counsel the patient on the new device utilizing the criteria below. Be sure to use the patient interview criteria at the end of this form when communicating with a patient.

**Device #1 (Metered-dose Inhaler, Nasal Spray or Eye drops)**

a) Identify the device and its use.

b) State proper steps when appropriately using the device. If applicable, state proper administration of the medication delivered via this device, regarding dosage, frequency, duration, technique, and what to do if missed doses.

c) Explain expected response to therapy when device is used properly (e.g. you will get a glucose reading in 5 seconds if there is enough blood on the strip).

d) State potential adverse effects and pertinent drug interactions of the medication delivered via this device, if applicable. Explain strategies for prevention, identification, and/or management.