

Doctor of Clinical Nutrition THREE-YEAR PLAN OF STUDY

Entering Class Fall 2025

This Plan of Study shows the sequence and schedule of courses in your program which are designed to optimize your learning opportunities and experiences, and to ensure timely completion of your program, and achievement of your professional and personal goals.

Students are expected to follow this Plan of Study. Failure to follow this plan may result in significant delays in completing your program, including limited course availability in some trimesters that could delay your progress and/or impact your financial aid eligibility.

If you are unable to follow this Plan of Study due to extenuating circumstances, it is your responsibility to immediately contact your Academic Advisor, who will guide you through the full impact of deviating from this plan and discuss the extent to which options exist for a modified Plan of Study. In this case, you are also responsible for verifying your remaining requirements, prerequisites and when courses will be offered.

Spring (January)	Summer (April/May)	Fall (September)
		1st Trimester - 2025 INHS 500 Student Success Seminar 0 RSCH 550 Academic Research & Scholarship 0 NUTR 801 Principles of Integrative & Functional Nutrition 3 NUTR 824 Research Literacy in Nutrition 3 Trimester credits 6 Total credits 6
2nd Trimester - 2026 NUTR 823 Ethics in Clinical Nutrition 1.5 NUTR 831 Integrative & Functional Nutrition in Gastrointestinal Health 3 NUTR 850 Nutrition-Focused Physical Exam 1.5 Trimester credits 6 Total credits 12	3rd Trimester - 2026 NUTR 833 Integrative & Functional Nutrition in Cardio-Metabolic Health 3 NUTR 834 Integrative & Functional Nutrition in Neurological Health 3 Trimester credits 6 Total credits 18	4th Trimester - 2026 NUTR 832 Integrative & Functional Nutrition in Immune Health 3 RSCH 811 Case Reports in Integrative Health 3 Trimester credits 6 Total credits 24
5th Trimester - 2027 NUTR 822 Epigenetics and Nutritional Genomics 3 NUTR 835 Integrative & Functional Nutrition in Endocrine and Energy Health 3 Trimester credits 6 Total credits 30	6th Trimester - 2027 NUTR 802 Nutritional Approaches to Detoxification 3 NUTR 837 Integrative and Functional Nutrition for Complex Cases 3 NUTR 898 Nutrition DCN Comprehensive Exam 0 Trimester credits 6 Total credits 36	7th Trimester - 2027 RSCH 850 Research Manuscript I 1 NUTR 904 Advanced Nutrition Clinic I 3 OR NUTR 910 Advanced Nutrition Final Project I 3 Trimester credits 4 Total credits 40

* Course prerequisites are specified in the course description, available in the Academic Catalog at <https://www.ndm.edu/academics/registrar/catalogs>

Continued on Page 2

Credits Required for Completion: 44

Page 1 of 5

Online

Date last revised: 10/23/2025

Doctor of Clinical Nutrition
THREE-YEAR PLAN OF STUDY

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Spring (January)				Summer (April/May)		Fall (September)	
8th Trimester - 2028							
RSCH	851	Research Manuscript II	1				
NUTR	905	Advanced Nutrition Clinic II	3				
	OR						
NUTR	911	Advanced Nutrition Final Project II	3				
Trimester credits			4				
Total credits			44				

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Continued from Page 1

Doctor of Clinical Nutrition FOUR-YEAR PLAN OF STUDY

Entering Class Fall 2025

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Spring (January)			Summer (April/May)			Fall (September)		
						<u>1st Trimester - 2025</u>		
						INHS 500	Student Success Seminar	0
						RSCH 550	Academic Research & Scholarship	0
						NUTR 801	Principles of Integrative & Functional Nutrition	3
						NUTR 824	Research Literacy in Nutrition	3
						Trimester credits		6
						Total credits		6
<u>2nd Trimester - 2026</u>			<u>3rd Trimester - 2026</u>			<u>4th Trimester - 2026</u>		
NUTR 831	Integrative & Functional Nutrition in Gastrointestinal Health	3	NUTR 833	Integrative & Functional Nutrition in Cardio-Metabolic Health	3	NUTR 832	Integrative & Functional Nutrition in Immune Health	3
NUTR 850	Nutrition-Focused Physical Exam	1.5						
Trimester credits		4.5	Trimester credits		3	Trimester credits		3
Total credits		10.5	Total credits		13.5	Total credits		16.5
<u>5th Trimester - 2027</u>			<u>6th Trimester - 2027</u>			<u>7th Trimester - 2027</u>		
NUTR 822	Epigenetics and Nutritional Genomics	3	NUTR 834	Integrative & Functional Nutrition in Neurological Health	3	RSCH 811	Case Reports in Integrative Health	3
NUTR 823	Ethics in Clinical Nutrition	1.5						
Trimester credits		4.5	Trimester credits		3	Trimester credits		3
Total credits		21	Total credits		24	Total credits		27

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Continued on Page 4

Credits Required for Completion: 44

Page 3 of 5

Online

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Spring (January)	Summer (April/May)	Fall (September)
8th Trimester - 2028 NUTR 835 Integrative & Functional Nutrition in Endocrine and Energy Health 3 Trimester credits 3 Total credits 30	9th Trimester - 2028 NUTR 802 Nutritional Approaches to Detoxification 3 NUTR 837 Integrative and Functional Nutrition for Complex Cases 3 NUTR 898 Nutrition DCN Comprehensive Exam 0 Trimester credits 6 Total credits 36	10th Trimester - 2028 RSCH 850 Research Manuscript I 1 NUTR 904 Advanced Nutrition Clinic I 3 OR NUTR 910 Advanced Nutrition Final Project I 3 Trimester credits 4 Total credits 40
11th Trimester - 2029 RSCH 851 Research Manuscript II 1 NUTR 905 Advanced Nutrition Clinic II 3 OR NUTR 911 Advanced Nutrition Final Project II 3 Trimester credits 4 Total credits 44		

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Continued from Page 3

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Online

Doctor of Clinical Nutrition
CURRICULUM COURSE LIST BY
DEPARTMENT

Entering Class Fall 2025

Can be completed in eight trimesters

Name _____
ID# _____

Core Curriculum				44 cr
Nutrition				39 cr
NUTR	801	Principles of Integrative & Functional Nutrition	3 cr	
NUTR	802	Nutritional Approaches to Detoxification	3cr	
NUTR	822	Epigenetics and Nutritional Genomics	3 cr	
NUTR	823	Ethics in Clinical Nutrition	1.5 cr	
NUTR	824	Research Literacy in Nutrition	3 cr	
NUTR	831	Integrative & Functional Nutrition in	3 cr	
NUTR	832	Integrative & Functional Nutrition in Immune Health	3 cr	
NUTR	833	Integrative & Functional Nutrition in Cardio-Metabolic Health	3 cr	
NUTR	834	Integrative & Functional Nutrition in Neurological Health	3 cr	
NUTR	835	Integrative & Functional Nutrition in Endocrine and Energy Health	3 cr	
NUTR	837	Integrative & Functional Nutrition for Complex Cases	3 cr	
NUTR	850	Nutrition-Focused Physical Exam	1.5 cr	
NUTR	904	Advanced Nutrition Clinic I	3 cr	
	OR			
NUTR	910	Advanced Nutrition Final Project I	3 cr	
NUTR	905	Advanced Nutrition Clinic II	3 cr	
	OR			
NUTR	911	Advanced Nutrition Final Project II	3 cr	
Research				5 cr
RSCH	811	Case Reports in Integrative Health	3 cr	
RSCH	850	Research Manuscript I	1 cr	
RSCH	851	Research Manuscript II	1 cr	
Non-Academic Requirements				0 cr
INHS	500	Student Success Seminar	0 cr	
			0 cr	
RSCH	550	Academic Research & Scholarship		
NUTR	898	Nutrition DCN Comprehensive Exam	0 cr	

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