

# Doctor of Clinical Nutrition

## THREE-YEAR PLAN OF STUDY

Entering Class Fall 2025

**This Plan of Study shows the sequence and schedule of courses in your program which are designed to optimize your learning opportunities and experiences, and to ensure timely completion of your program, and achievement of your professional and personal goals.**

**Students are expected to follow this Plan of Study. Failure to follow this plan may result in significant delays in completing your program, including limited course availability in some trimesters that could delay your progress and/or impact your financial aid eligibility.**

**If you are unable to follow this Plan of Study due to extenuating circumstances, it is your responsibility to immediately contact your Academic Advisor, who will guide you through the full impact of deviating from this plan and discuss the extent to which options exist for a modified Plan of Study. In this case, you are also responsible for verifying your remaining requirements, prerequisites and when courses will be offered.**

Spring (January)	Summer (April/May)	Fall (September)
		<b>1st Trimester - 2025</b> INHS 500 Student Success Seminar 0 RSCH 550 Academic Research & Scholarship 0 NUTR 801 Principles of Integrative & Functional Nutrition 3 NUTR 824 Research Literacy in Nutrition 3  Trimester credits 6 Total credits 6
<b>2nd Trimester - 2026</b> NUTR 823 Ethics in Clinical Nutrition 1.5 NUTR 831 Integrative & Functional Nutrition in Gastrointestinal Health 3 NUTR 850 Nutrition-Focused Physical Exam 1.5  Trimester credits 6 Total credits 12	<b>3rd Trimester - 2026</b> NUTR 833 Integrative & Functional Nutrition in Cardio-Metabolic Health 3 NUTR 834 Integrative & Functional Nutrition in Neurological Health 3  Trimester credits 6 Total credits 18	<b>4th Trimester - 2026</b> NUTR 832 Integrative & Functional Nutrition in Immune Health 3 RSCH 811 Case Reports in Integrative Health 3  Trimester credits 6 Total credits 24
<b>5th Trimester - 2027</b> NUTR 822 Epigenetics and Nutritional Genomics 3 NUTR 835 Integrative & Functional Nutrition in Endocrine and Energy Health 3  Trimester credits 6 Total credits 30	<b>6th Trimester - 2027</b> NUTR 802 Nutritional Approaches to Detoxification 3 NUTR 837 Integrative and Functional Nutrition for Complex Cases 3 NUTR 898 Nutrition DCN Comprehensive Exam 0  Trimester credits 6 Total credits 36	<b>7th Trimester - 2027</b> RSCH 850 Research Manuscript I 1 NUTR 904 Advanced Nutrition Clinic I 3  <i>OR</i> NUTR 910 Advanced Nutrition Final Project I 3  Trimester credits 4 Total credits 40

\* Course prerequisites are specified in the course description, available in the Academic Catalog at <https://www.ndm.edu/academics/registrar/catalogs>

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**Credits Required for Completion: 44**

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**Online**

Date last revised: 10/23/2025

## Doctor of Clinical Nutrition THREE-YEAR PLAN OF STUDY

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Spring (January)	Summer (April/May)	Fall (September)
<b>8th Trimester - 2028</b>		
RSCH 851 Research Manuscript II NUTR 905 Advanced Nutrition Clinic II <i>OR</i> NUTR 911 Advanced Nutrition Final Project II	1 3 3	
Trimester credits Total credits	4 44	

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# Doctor of Clinical Nutrition

## FOUR-YEAR PLAN OF STUDY

Entering Class Fall 2025

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Spring (January)	Summer (April/May)	Fall (September)												
		<p style="text-align: center;"><b>1st Trimester - 2025</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%;">INHS</td> <td style="width: 80%;">500 Student Success Seminar</td> <td style="width: 10%; text-align: right;">0</td> </tr> <tr> <td>RSCH</td> <td>550 Academic Research &amp; Scholarship</td> <td style="text-align: right;">0</td> </tr> <tr> <td>NUTR</td> <td>801 Principles of Integrative &amp; Functional Nutrition</td> <td style="text-align: right;">3</td> </tr> <tr> <td>NUTR</td> <td>824 Research Literacy in Nutrition</td> <td style="text-align: right;">3</td> </tr> </table> <p style="text-align: right;">Trimester credits Total credits <span style="border: 1px solid black; padding: 2px 5px;">6</span></p>	INHS	500 Student Success Seminar	0	RSCH	550 Academic Research & Scholarship	0	NUTR	801 Principles of Integrative & Functional Nutrition	3	NUTR	824 Research Literacy in Nutrition	3
INHS	500 Student Success Seminar	0												
RSCH	550 Academic Research & Scholarship	0												
NUTR	801 Principles of Integrative & Functional Nutrition	3												
NUTR	824 Research Literacy in Nutrition	3												
<p><b>2nd Trimester - 2026</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%;">NUTR</td> <td style="width: 80%;">831 Integrative &amp; Functional Nutrition in Gastrointestinal Health</td> <td style="width: 10%; text-align: right;">3</td> </tr> <tr> <td>NUTR</td> <td>850 Nutrition-Focused Physical Exam</td> <td style="text-align: right;">1.5</td> </tr> </table> <p style="text-align: right;">Trimester credits Total credits <span style="border: 1px solid black; padding: 2px 5px;">10.5</span></p>	NUTR	831 Integrative & Functional Nutrition in Gastrointestinal Health	3	NUTR	850 Nutrition-Focused Physical Exam	1.5	<p><b>3rd Trimester - 2026</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%;">NUTR</td> <td style="width: 80%;">833 Integrative &amp; Functional Nutrition in Cardio-Metabolic Health</td> <td style="width: 10%; text-align: right;">3</td> </tr> </table> <p style="text-align: right;">Trimester credits Total credits <span style="border: 1px solid black; padding: 2px 5px;">13.5</span></p>	NUTR	833 Integrative & Functional Nutrition in Cardio-Metabolic Health	3	<p><b>4th Trimester - 2026</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%;">NUTR</td> <td style="width: 80%;">832 Integrative &amp; Functional Nutrition in Immune Health</td> <td style="width: 10%; text-align: right;">3</td> </tr> </table> <p style="text-align: right;">Trimester credits Total credits <span style="border: 1px solid black; padding: 2px 5px;">16.5</span></p>	NUTR	832 Integrative & Functional Nutrition in Immune Health	3
NUTR	831 Integrative & Functional Nutrition in Gastrointestinal Health	3												
NUTR	850 Nutrition-Focused Physical Exam	1.5												
NUTR	833 Integrative & Functional Nutrition in Cardio-Metabolic Health	3												
NUTR	832 Integrative & Functional Nutrition in Immune Health	3												
<p><b>5th Trimester - 2027</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%;">NUTR</td> <td style="width: 80%;">822 Epigenetics and Nutritional Genomics</td> <td style="width: 10%; text-align: right;">3</td> </tr> <tr> <td>NUTR</td> <td>823 Ethics in Clinical Nutrition</td> <td style="text-align: right;">1.5</td> </tr> </table> <p style="text-align: right;">Trimester credits Total credits <span style="border: 1px solid black; padding: 2px 5px;">21</span></p>	NUTR	822 Epigenetics and Nutritional Genomics	3	NUTR	823 Ethics in Clinical Nutrition	1.5	<p><b>6th Trimester - 2027</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%;">NUTR</td> <td style="width: 80%;">834 Integrative &amp; Functional Nutrition in Neurological Health</td> <td style="width: 10%; text-align: right;">3</td> </tr> </table> <p style="text-align: right;">Trimester credits Total credits <span style="border: 1px solid black; padding: 2px 5px;">24</span></p>	NUTR	834 Integrative & Functional Nutrition in Neurological Health	3	<p><b>7th Trimester - 2027</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%;">RSCH</td> <td style="width: 80%;">811 Case Reports in Integrative Health</td> <td style="width: 10%; text-align: right;">3</td> </tr> </table> <p style="text-align: right;">Trimester credits Total credits <span style="border: 1px solid black; padding: 2px 5px;">27</span></p>	RSCH	811 Case Reports in Integrative Health	3
NUTR	822 Epigenetics and Nutritional Genomics	3												
NUTR	823 Ethics in Clinical Nutrition	1.5												
NUTR	834 Integrative & Functional Nutrition in Neurological Health	3												
RSCH	811 Case Reports in Integrative Health	3												

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**Credits Required for Completion: 44**

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**Online**

Date last revised: 10/23/2025

## **Doctor of Clinical Nutrition FOUR-YEAR PLAN OF STUDY**

Entering Class Fall 2025

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Spring (January)		Summer (April/May)		Fall (September)	
<b><u>8th Trimester - 2028</u></b>		<b><u>9th Trimester - 2028</u></b>		<b><u>10th Trimester - 2028</u></b>	
NUTR 835	Integrative & Functional Nutrition in Endocrine and Energy Health	3	NUTR 802	Nutritional Approaches to Detoxification	3
			NUTR 837	Integrative and Functional Nutrition for Complex Cases	3
			NUTR 898	Nutrition DCN Comprehensive Exam	0
Trimester credits		3	Trimester credits		6
Total credits		30	Total credits		36
<b><u>11th Trimester - 2029</u></b>					
RSCH 851	Research Manuscript II	1			
NUTR 905	Advanced Nutrition Clinic II	3			
<i>OR</i>					
NUTR 911	Advanced Nutrition Final Project II	3			
Trimester credits		4			
Total credits		44			

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### **Credits Required for Completion: 44**

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## Online

Date last revised: 10/23/2025

**Doctor of Clinical Nutrition**  
**CURRICULUM COURSE LIST BY**  
**DEPARTMENT**

Entering Class Fall 2025

*Can be completed in eight trimesters*

Name \_\_\_\_\_  
 ID# \_\_\_\_\_

<b>Core Curriculum</b>			<b>44 cr</b>
<b>Nutrition</b>			<b>39 cr</b>
NUTR 801	Principles of Integrative & Functional Nutrition	3 cr	
NUTR 802	Nutritional Approaches to Detoxification	3 cr	
NUTR 822	Epigenetics and Nutritional Genomics	3 cr	
NUTR 823	Ethics in Clinical Nutrition	1.5 cr	
NUTR 824	Research Literacy in Nutrition	3 cr	
NUTR 831	Integrative & Functional Nutrition in	3 cr	
NUTR 832	Integrative & Functional Nutrition in Immune Health	3 cr	
NUTR 833	Integrative & Functional Nutrition in Cardio-Metabolic Health	3 cr	
NUTR 834	Integrative & Functional Nutrition in Neurological Health	3 cr	
NUTR 835	Integrative & Functional Nutrition in Endocrine and Energy Health	3 cr	
NUTR 837	Integrative & Functional Nutrition for Complex Cases	3 cr	
NUTR 850	Nutrition-Focused Physical Exam	1.5 cr	
NUTR 904	Advanced Nutrition Clinic I	3 cr	
<i>OR</i>			
NUTR 910	Advanced Nutrition Final Project I	3 cr	
NUTR 905	Advanced Nutrition Clinic II	3 cr	
<i>OR</i>			
NUTR 911	Advanced Nutrition Final Project II	3 cr	
<b>Research</b>			<b>5 cr</b>
RSCH 811	Case Reports in Integrative Health	3 cr	
RSCH 850	Research Manuscript I	1 cr	
RSCH 851	Research Manuscript II	1 cr	
<b>Non-Academic Requirements</b>			<b>0 cr</b>
INHS 500	Student Success Seminar	0 cr	
RSCH 550	Academic Research & Scholarship	0 cr	
NUTR 898	Nutrition DCN Comprehensive Exam	0 cr	

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