

Doctor of Clinical Nutrition 10-Trimester PLAN OF STUDY

This Plan of Study shows the sequence and schedule of courses in your program which are designed to optimize your learning opportunities and experiences, and to ensure timely completion of your program, and achievement of your professional and personal goals.

Students are expected to follow this Plan of Study. Failure to follow this plan may result in significant delays in completing your program, including limited course availability in some trimesters that could delay your progress and/or impact your financial aid eligibility.

If you are unable to follow this Plan of Study due to extenuating circumstances, it is your responsibility to immediately contact your Academic Advisor, who will guide you through the full impact of deviating from this plan and discuss the extent to which options exist for a modified Plan of Study. In this case, you are also responsible for verifying your remaining requirements, prerequisites and when courses will be offered.

Spring (January)	Summer (April/May)	Fall (September)
<u>1st Trimester - 2026</u> INHS 500 Student Success Seminar 0 0 RSCH 550 Academic Research & Scholarship NUTR 801 Principles of Integrative & Functional Nutrition 3 Trimester credits 3 Total credits 3	<u>2nd Trimester - 2026</u> NUTR 833 Integrative & Functional Nutrition in Cardio-Metabolic Health 3 Trimester credits 3 Total credits 6	<u>3rd Trimester - 2026</u> NUTR 824 Research Literacy in Nutrition 3 Trimester credits 3 Total credits 9
<u>4th Trimester - 2027</u> NUTR 823 Ethics in Clinical Nutrition 1.5 Integrative & Functional Nutrition in NUTR 831 Gastrointestinal Health 3 NUTR 850 Nutrition-Focused Physical Exam 1.5 Trimester credits 6 Total credits 15	<u>5th Trimester - 2027</u> NUTR 834 Integrative & Functional Nutrition in Neurological Health 3 Trimester credits 3 Total credits 18	<u>6th Trimester - 2027</u> NUTR 832 Integrative & Functional Nutrition in Immune Health 3 RSCH 811 Case Reports in Integrative Health 3 Trimester credits 6 Total credits 24
<u>7th Trimester - 2028</u> NUTR 822 Epigenetics and Nutritional Genomics 3 Integrative & Functional Nutrition in Endocrine NUTR 835 and Energy Health 3 Trimester credits 6 Total credits 30	<u>8th Trimester - 2028</u> NUTR 802 Nutritional Approaches to Detoxification 3 Integrative and Functional Nutrition for Complex NUTR 837 Cases 3 NUTR 898 Nutrition DCN Comprehensive Exam 0 Trimester credits 6 Total credits 36	<u>9th Trimester - 2028</u> RSCH 850 Research Manuscript I 1 NUTR 904 Advanced Nutrition Clinic I 3 OR NUTR 910 Advanced Nutrition Final Project I 3 Trimester credits 4 Total credits 40

* Course prerequisites are specified in the course description, available in the Academic Catalog at <https://www.ndm.edu/academics/registrar/catalogs>

Credits Required for Completion: 44

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Spring (January)			Summer (April/May)			Fall (September)		
<u>10th Trimester - 2029</u>								
RSCH	851 Research Manuscript II	1						
NUTR	905 Advanced Nutrition Clinic II	3						
	<i>OR</i>							
NUTR	911 Advanced Nutrition Final Project II	3						
Trimester credits		4						
Total credits		44						

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Doctor of Clinical Nutrition

13-Trimester PLAN OF STUDY

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Spring (January)				Summer (April/May)				Fall (September)			
<u>1st Trimester - 2026</u>				<u>2nd Trimester - 2026</u>				<u>3rd Trimester - 2026</u>			
INHS	500	Student Success Seminar	0	NUTR	833	Integrative & Functional Nutrition in Cardio-Metabolic Health	3	NUTR	824	Research Literacy in Nutrition	3
RSCH	550	Academic Research & Scholarship	0								
NUTR	801	Principles of Integrative & Functional Nutrition	3								
Trimester credits			3	Trimester credits			3	Trimester credits			3
Total credits			3	Total credits			6	Total credits			9
<u>4th Trimester - 2027</u>				<u>5th Trimester - 2027</u>				<u>6th Trimester - 2027</u>			
		Integrative & Functional Nutrition in				Integrative & Functional Nutrition in Neurological				Integrative & Functional Nutrition in Immune Health	
NUTR	831	Gastrointestinal Health	3	NUTR	834	Health	3	NUTR	832		3
NUTR	850	Nutrition-Focused Physical Exam	1.5								
Trimester credits			4.5	Trimester credits			3	Trimester credits			3
Total credits			13.5	Total credits			16.5	Total credits			19.5
<u>7th Trimester - 2028</u>				<u>8th Trimester - 2028</u>				<u>9th Trimester - 2028</u>			
NUTR	822	Epigenetics and Nutritional Genomics	3	NUTR	802	Nutritional Approaches to Detoxification	3	RSCH	811	Case Reports in Integrative Health	3
NUTR	823	Ethics in Clinical Nutrition	1.5								
Trimester credits			4.5	Trimester credits			3	Trimester credits			3
Total credits			24	Total credits			27	Total credits			30

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Credits Required for Completion: 44

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Online

Date last revised: 11/10/2025

Doctor of Clinical Nutrition 13-Trimester PLAN OF STUDY

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Spring (January)				Summer (April/May)				Fall (September)			
<u>10th Trimester - 2029</u>				<u>11th Trimester - 2029</u>				<u>12th Trimester - 2029</u>			
NUTR	835	Integrative & Functional Nutrition in Endocrine and Energy Health	3	NUTR	837	Integrative and Functional Nutrition for Complex Cases	3	RSCH	850	Research Manuscript I	1
				NUTR	898	Nutrition DCN Comprehensive Exam	0	NUTR	904	Advanced Nutrition Clinic I	3
								OR			
								NUTR	910	Advanced Nutrition Final Project I	3
		Trimester credits	3			Trimester credits	3			Trimester credits	4
		Total credits	33			Total credits	36			Total credits	40
<u>13th Trimester - 2030</u>											
RSCH	851	Research Manuscript II	1								
NUTR	905	Advanced Nutrition Clinic II	3								
	OR										
NUTR	911	Advanced Nutrition Final Project II	3								
		Trimester credits	4								
		Total credits	44								

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Doctor of Clinical Nutrition
CURRICULUM COURSE LIST BY DEPARTMENT

Entering Class Spring 2026

Can be completed in eight trimesters

Name _____
ID# _____

Core Curriculum				44 cr
Nutrition				39 cr
NUTR	801	Principles of Integrative & Functional Nutrition	3 cr	
NUTR	802	Nutritional Approaches to Detoxification	3cr	
NUTR	822	Epigenetics and Nutritional Genomics	3 cr	
NUTR	823	Ethics in Clinical Nutrition	1.5 cr	
NUTR	824	Research Literacy in Nutrition	3 cr	
NUTR	831	Integrative & Functional Nutrition in	3 cr	
NUTR	832	Integrative & Functional Nutrition in Immune Health	3 cr	
NUTR	833	Integrative & Functional Nutrition in Cardio-Metabolic Health	3 cr	
NUTR	834	Integrative & Functional Nutrition in Neurological Health	3 cr	
NUTR	835	Integrative & Functional Nutrition in Endocrine and Energy Health	3 cr	
NUTR	837	Integrative & Functional Nutrition for Complex Cases	3 cr	
NUTR	850	Nutrition-Focused Physical Exam	1.5 cr	
NUTR	904	Advanced Nutrition Clinic I	3 cr	
	OR			
NUTR	910	Advanced Nutrition Final Project I	3 cr	
NUTR	905	Advanced Nutrition Clinic II	3 cr	
	OR			
NUTR	911	Advanced Nutrition Final Project II	3 cr	
Research				5 cr
RSCH	811	Case Reports in Integrative Health	3 cr	
RSCH	850	Research Manuscript I	1 cr	
RSCH	851	Research Manuscript II	1 cr	
Non-Academic Requirements				0 cr
INHS	500	Student Success Seminar	0 cr	
			0 cr	
RSCH	550	Academic Research & Scholarship		
NUTR	898	Nutrition DCN Comprehensive Exam	0 cr	

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