Keeping the minds, bodies, and spirits of adults age 50+ flexible since 1989, the Renaissance Institute is a lifelong learning community housed on the main campus of Notre Dame of Maryland University.

Renaissance Institute offers two semesters of noncredit courses, designed and led primarily by the members themselves. As a member, you may take as many classes as you wish from our varied catalog of offerings and, when ready, share your acquired knowledge by teaching courses on subjects you are passionate about. Course topics have included literature, public affairs, philosophy, history, music, art, languages, tai chi, film, science, computers, yoga, acting, and more.

We also offer member-sponsored activities and travel opportunities. Past trips have included Costa Rica, the Canadian Maritimes, the Grand Tetons, and the Southwest U.S.

**MEMBERSHIP BENEFITS**

- Take as many Renaissance Institute courses as you like each registered semester
- Member Sponsored Social Events During Semester Breaks
- Access the Notre Dame/Loyola library, computer lab, dining hall and fitness center
- Receive a Notre Dame ID card that can be used for student discounts
- Apply for an Amazon Prime Student account through your Notre Dame student email account
- Free parking accessible to the NDMU campus
- Free download of Microsoft Office 365

**COST:** $265 for the Fall Semester; $475 for the Full Year (both Fall and Spring)

**DATES AND TIMES:** Dates and times will be as stated in the catalog. Fall 2024 classes will host some offerings by remote delivery via Zoom and others in person on the Notre Dame of Maryland University Campus.

**MORE INFORMATION:** sbigley1@ndm.edu, sadams@ndm.edu
Tuesday Classes (9/10 – 10/15 / 1st 6 Weeks)

First 6 Week Classes

Sept 10 – Oct 15
9:15AM – 10:30AM

1. Hamlet: A Fresh Look (Limit 20) Campus

Instructor: George Kessler

Hamlet. Perhaps you've heard of it. So how could there possibly be "a fresh look" at arguably Shakespeare's most examined play? There can't, but we shall persevere nonetheless. For example, despite being a profound tragedy, the play is suffused with humor, albeit much of it dark, for us to explore. The course comprises scenes done in class, much discussion, many slides and video clips, and some surprises. You'll laugh, you'll cry ... The goal remains to mine new insights into an oft-studied classic while allowing the joy of the Shakespeare experience take us where it may. This course will offer a part 2 continuation for the Spring 2025 semester. **Textbook: Hamlet: Dover Thrift Edition available for $4 on Amazon**

Emerging from the mean streets of Baltimore, George achieved a Baltimore City High School diploma. After 45 years of teaching in the city, he is striving to maintain the barest thread of dignity.

2. Unsung Heroes of Jazz History - Part 1 (Limit 50) Campus

Instructor: Seth Kibel

With classic recordings and rare video clips, Seth will engage participants in a robust discussion about the lives and careers of a number of jazz and swing greats who, to this day, don't receive the proper credit to which they are due. Slated for inclusion are such should-be legends as Fletcher Henderson, Willie "The Lion" Smith, Buster Bailey, Billy Strayhorn, Lillian Hardin (Armstrong), and more!

*Seth Kibel is one of the Mid-Atlantic's premier woodwind specialists. He works with klezmer, jazz, swing and other bands, playing the saxophone, clarinet and flute. He is a performer with The Kleztet, Bay Jazz Project, Music Pilgrim Trio, The Natty Beaux and more. He is the winner of 28 Washington Area Music Awards (Wammies), including “Best World Music Instrumentalist” and “Best Jazz Instrumentalist.” Kibel released his Clown with a Stick album in 2023.*
3. Maryland: A Revolutionary Time - 1775-1783 (Limit 25)  Campus

Instructor: Robert Reyes

This course is about the State of Maryland's Citizen Soldiers that became General Washington's Maryland Line during the American Revolution. From the Call of Arms and formation of Maryland Troops in 1775 to the 1781-82 Yorktown Campaign and the beginning of the War's End and Hostilities towards Victory.

Robert is a retired Civil Servant and worked with the U.S. Postal Service HQ Stamp Services as (Archivist) of the Postmaster General Collection Postage Stamp Art and as the Pictorial Postmarks National Program Manager for 16 Years. Additionally, he worked in Postal Field Operations for 14 years. Robert also worked in Private Sector Forbes 500 Companies for 10 years. Robert attended UMBC UM College Park, U of Wash Seattle, Campbell Center for Historic Preservation Studies Mount Carroll, IL. He founded the Baltimore Civil War Museum in 1997. He is currently a Volunteer Staff member at the President Street Station Museum, formerly the Baltimore Civil War Museum. Washington Rochambeau Revolutionary Route National Historic Trail Affiliate Since 2000.

4. Memory Pictures/Writers' Workshop - Part 1 (Limit 16)  Zoom

Instructor: Elizabeth Fanto

Writers will write on self-selected topics in and out of class; respond to mini-lessons on fiction, non-fiction and poetry models; share their efforts in response groups; and revise works as they chose. Beginning writers are welcome.

Elizabeth is a graduate of TSU, with a B.S. in Education and a Master’s in English. She taught high school English and Creative Writing in BCPS, and sponsored Dulaney’s Sequel literary/art magazine for six years. She has taught RI writing classes for over 20 years. She was editor of Reflections magazine for 6 years.
5. Charcoal Drawing - Part 1

Instructor: Alina Kurbiel

Explore the expressive world of charcoal drawing, known for its enjoyable and accessible nature. Charcoal's bold marks cover large areas swiftly and can be effortlessly blended with fingers or tools like blending stumps. Unlike ink, it's forgiving, allowing for easy corrections and smudging. Start with simple "still life" to familiarize yourself with the medium, then progress to more complex subjects like birds, animals, or human figures. Whether you're a beginner or advanced artist, all are welcome to join.

Alina Kurbiel hails from Silesia, Poland, where she earned her Master's degree from Silesian University. Following a successful career as a web developer and graphic designer with tech companies in Maryland, she transitioned to the world of traditional art. She mainly works in watercolors, ink and pencils. She is a signature artist of Baltimore Watercolor Society.

6. Spanish is Fun-Intermediate – Level 2 - Part 1

Instructor: Judy Frumkin

This will be a zoom course and it will involve class participation. Topics will include, in Spanish, talking about what we used to do when we were young, sports, stores and shopping, living in a city, medicine and health, homes. Culture will be included in the class as well as literary readings.

Textbook: Spanish is Fun Book 2

Judy has been a high school Spanish teacher for over 40 years, 30 of them in the school system in Baltimore City. She has also taught on the college level and taught at RI for a number of years, ending about five years ago. She is also currently teaching Spanish via Zoom in her community (Leisure World in Silver Spring). She received her BA from American University and her MA from Coppin State University. She also studied for two summers in Spain.
7. Qigong - Beautiful Flowing Movements - Part 1

Instructor: Pamela Tanton

In this class, we'll do standing and seated movements as you follow the lead and explanations of the instructor. Questions are welcome at any time, and there's always time at the end of class for questions as well. Class is friendly and light and the movements are gentle. Pamela offers suggestions for modifying movements for people who may not always be able to lift arms super high, bend knees super low, etc. It's also completely fine to sit the entire time. Qigong is about flow, not force. That is the emphasis in this class.

Pamela started studying with her Chinese qigong master, Li Junfeng, in 2002. Since then, she has taken countless workshops, seminars, and 10-day teacher training sessions with him all over the world. She began teaching in 2004 and was certified in 2006. She's been teaching at Renaissance since the Spring 2018 semester and absolutely loves these classes.
An expected facet of resistance to the Third Reich during World War II is the small but meaningful record of Jews standing up to the Nazis on the religious and spiritual planes. Remarkably, in ghettos, concentration camps and in the forests, these Jews demonstrated psychological stamina and spiritual invincibility, seeking guidance in the minutia of Jewish law, even in extremis. This was much more than “foxhole faith”. In the phrase of psychoanalyst Victor Frankl a survivor of Auschwitz, this commitment to Jewish practice provided “the will to meaning” which was a key to survival for some.

Dr. Richard Wagner is an adjunct professor of theology at Loyola University and philosophy and religious studies at Towson University.

We are a four-part harmony choir. Anyone who enjoys singing is invited to participate. Music will be provided and there are no auditions. Everyone is welcome! This is not a sing-along or a choir singing Renaissance music. We perform a variety of genres.

Nancy has been the conductor of the Renaissance Singers for many years. She has been an organist and choir director of an Episcopal Church for 35 years and been involved with music all of her life.
10. Bible Rejects (Limit 25)  Campus

Instructor:  Don Burggraf

This course explores ancient texts that were not included in the formation of the Bible. Such texts include ones that were accepted in some Bibles but not in others, as well as texts not included in any Bible. These texts range from collections of religious stories (some embellishing stories in the Biblical canon) to prophetic (or apocalyptic) predictions of battles at the conclusion of history. The course will consist of lectures with Power-point slides.

Don Burggraf, a retired Lutheran pastor, has taught a number of courses for the RI in topics related to the Bible, the dialogue of Science and Religion, and ancient Near Eastern literature. Don has also taught several courses for beginning birdwatchers. He continues to serve a congregation part-time in his retirement.

11. Art Today - Part 1  Hybrid

Instructor:  Carolyn Sutton

What is contemporary art and who are the people who make it? Some definitions say the contemporary era dates back to the early 1970's, but for the purpose of this study we will focus on artists working in the 21st Century. We'll look at local, national and international artists working in traditional and new media. We will hear artists talk about what motivates them and how their practices differ from art of the past. Each week will have a loose thematic focus and we'll look at many images and videos that address different topics.

Carolyn has a master's degree from the Rhode Island School of Design and taught art for 45 years. She was Director of Arts at The Park School for 20 years. She was also a member of the Education Advisory Board of the PBS series Art21: Art in the 21st Century.
12. New Yorker Roundtable - Part 1

Instructor: Brian Young

The New Yorker Roundtable is a lightly moderated discussion of articles in current issues of the magazine. Each week, 4-5 articles are selected for reading and discussion. The discussion includes the topic, writing style, and reader reaction.

**Textbook:** Participants need to acquire copies of *The New Yorker* by subscription, online, or from the library.

*Brian is retired from the aerospace industry where he held various positions, most prominently in Program Management. He has been reading *The New Yorker* and participating in discussion groups for 12 years.*

13. Spanish is Fun-Beginners – Level 2 - Part 1

Instructor: Judy Frumkin

This will be a zoom course and it will involve class participation. Topics will include, professions and occupations, activities, conditions, dates, parts of the body, and weather. Culture of the Spanish-speaking world will be included in the discussions.

**Textbook:** *Spanish is Fun* Book 1

*Judy has been a high school Spanish teacher for over 40 years, 30 of them in the school system in Baltimore City. She has also taught on the college level and taught at RI for a number of years, ending about five years ago. She is also currently teaching Spanish via Zoom in her community (Leisure World in Silver Spring). She received her BA from American University and her MA from Coppin State University. She also studied for two summers in Spain.*
14. Chair Yoga-Part 1 (Limit 40)  

Instructor: Linda McGill

Staying seated means that even those who aren’t flexible can safely do the exercises. This is an excellent way to loosen and stretch painful muscles, reduce stress, and improve circulation, while lowering blood pressure, protecting joints, and building strength and balance. We will also do some poses at the end of class standing, using the chair as a prop. We will focus on moving with the breath, and start and end class with a mediation, leaving you feeling peaceful and grounded.

*Linda McGill is a Roland Park native of 33 years. She is a certified 500 hr YTT Yoga Meditation Teacher.*
1:00PM – 3:00PM

15. Radio Theatre Performance Workshop-Part 1  
(Limit 22) (Parts 1 & 2 Required ****)  

Instructor: Natalie Pilcher

Radio Theatre Performance Workshop - Join our informal production as we explore vintage 
radio stories, commercials, and original scripts. No memorization required since actors will 
have scripts in hand. This course will introduce techniques used to present voice acting in the 
'classic' radio style. We will also learn the art of Foley, creating sound effects in real time as 
the stories unfold. Crash boxes, cow bells, drums etc. will either be provided or created by 
students with materials brought in by the instructor to create our Foley Tables.  
**** Attendance required for both sections IF you want to perform in the final 
production. If you just want to test out the format of the class you can attend for the first 
six-week session.  
Materials Fee: $5.00 fee to cover the costs of copying scripts.

Natalie Pilcher is an actor, director, teacher, and playwright. Between acting at Theatre 
Project, Allenberry Playhouse, and other theatres, she has taught at Catonsville Community 
College, Peabody Preparatory, The St. Paul’s Schools, and Oldfields. She’s directed 
productions at these schools, Maryland School for the Blind, Krieger Schechter Day School, 
and Jemicy as well as at other theatres. Natalie was previously an Artist in Residence for the 
Maryland State Arts Council.

16. Watercolors from Imagination - Part 1  

Instructor: Alina Kurbiel

Welcome to a captivating world of imagination in watercolors. We'll explore whimsical themes 
and create fantastical scenes, like the vibrant "Mushroom World," where towering fungus 
dwellings and unique creatures come to life. In our Zoom sessions, our instructor will guide you 
through crafting enchanting scenes, inviting you to follow along or forge your own artistic path. 
Whether you're a beginner or experienced artist, join us in a supportive atmosphere where every 
stroke counts and creativity flourishes.

Alina Kurbiel hails from Silesia, Poland, where she earned her Master's degree from Silesian 
University. Following a successful career as a web developer and graphic designer with tech 
companies in Maryland, she transitioned to the world of traditional art. She mainly works in 
watercolors, ink and pencils. She is a signature artist of Baltimore Watercolor Society.
1:15PM – 2:30PM

17. Finding God in All Things: Life Lessons from St. Ignatius Loyola and His Company – Part 1 (Limit 50) (Parts 1 & 2 Required)

Instructor: Fr Stephen Spahn

One of Ignatius' early biographers described him as "a man with a heart big enough to hold the whole world." Indeed, his journey from a life of wealth and power, through a struggle of self-discovery and freedom to newfound peace and purpose made him a man with a vision for humanity and its fulfillment. This lecture and discussion course will highlight some of the great insights Ignatius and his followers have developed and explore how they can be useful in our own lives - and in our increasingly polarized world.

A member of Loyola University's Jesuit Community, Fr. Spahn teaches theology and directs Ignatian retreats and programs. He is a native of Colorado, the youngest of ten children and a proud alumnus of several Jesuit schools (Georgetown, Fordham and Boston College).

18. Nia - Part 1 (Limit 25)

Instructor: Rebecca Donnelly

Nia is a fusion fitness technique that is appropriate for all fitness levels. The fusion is dance arts, martial arts, and healing arts. You will move every part of your body! Mostly Nia is a fun, welcoming, movement class that will get your heart going and be low impact on the joints.

Rebecca has been teaching Nia for 10 years and holds a Black Belt in the Nia technique. When she is not dancing she is running a healing center called BlueGreen Acupuncture and Bodywork where she also practices acupuncture.
19. The Art of Downsizing and Organizing

Instructor: Cindy Bernstein

This 6-week course will include tips, tricks and strategies to help participants downsize, declutter and organize any space in the home. Topics include tackling paper piles, photographs, donation resources, determining what to sell and what to donate/trash and encouragement to complete bite-sized weekly organizing homework. Perfect for those contemplating a future move.

*Cindy Bernstein, Professional Organizer and Owner of Aim 4 Order, works with clients to help them tackle their clutter issues and specializes in downsizing and moving seniors. Cindy is delighted to return to RI this fall.*

20. "Always Leave 'Em Wanting More" - Part 1

Instructor: Amanda Joyce

This film class will focus on actors and directors whose careers were shortened, interrupted or constrained for a variety of reasons. Nevertheless, they created a thrilling body of work. All cinematic eras will be covered, and will focus on factors such as the transition from silent films to talkies; the censorship code; scandals; social taboos; warfare; the anti-communist blacklist; and on current issues affecting cinematic careers. The course will feature a one-hour presentation followed by a free-wheeling class discussion.

*Amanda Joyce has presented a number of film courses at RI. She is especially interested in the evolution of the film industry, and enjoys discussing movies from all eras.*


Instructor: Susan Marshall

In Poetry Workshop members come together each week to share their writing and to encourage one another in gaining experience and skill in that venture through gentle critique and group support.

*Susan Marshall earned her undergraduate degree in English at Notre Dame as a Continuing Education student. She returned there to earn her Masters in Liberal Studies. She has coordinated the Poetry Workshop for several years.*
Tuesday

Second 6 Week Classes

Oct 22 – Dec 03
9:15AM – 10:30AM

22. Leadership and The Presidency (Limit 25)  
Campus

Instructor: Betty Loafmann and Tom Devaney

We will study Doris Kearns Goodwin's book *Leadership in Turbulent Times* in an effort to understand the words and actions of our current president. Through reading, lecture and discussion we will try to find appropriate responses to what is happening in our country.  
**Textbook: Leadership in Turbulent Time by Doris Goodwin**

Betty has taught a variety of courses in past 12 year, recently focusing on history and politics. Betty has also led classes on Jane Austen and Louise Penny, the genre of mysteries and classes that focus on issues related to faith and psychology.

Tom Devaney is a retired lawyer from NYC, who with his wife Marcy has lived in NY, DC, and Atlanta, with a stopover in Rehoboth Beach. They have 4 adult children and 7 grandchildren. His interests include American History, Military History, and Foreign Affairs.

23. Unsung Heroes of Jazz History - Part 2 (Limit 50)  
Campus

Instructor: Seth Kibel

With classic recordings and rare video clips, Seth will engage participants in a robust discussion about the lives and careers of a number of jazz and swing greats who, to this day, don't receive the proper credit to which they are due. Slated for inclusion are such should-be legends as Fletcher Henderson, Willie "The Lion" Smith, Buster Bailey, Billy Strayhorn, Lillian Hardin (Armstrong), and more!

*Seth Kibel is one of the Mid-Atlantic's premier woodwind specialists. He works with klezmer, jazz, swing and other bands, playing the saxophone, clarinet and flute. He is a performer with The Kleztet, Bay Jazz Project, Music Pilgrim Trio, The Natty Beaux and more. He is the winner of 28 Washington Area Music. Awards (Wammies), including “Best World Music Instrumentalist” and “Best Jazz Instrumentalist.” Kibel released his Clown with a Stick album in 2023.*
24. Memory Pictures/Writers' Workshop - Part 2 (Limit 16)  

Instructor: Elizabeth Fanto

Writers will write on self-selected topics in and out of class; respond to mini-lessons on fiction, non-fiction and poetry models; share their efforts in response groups; and revise works as they chose. Beginning writers are welcome.

*Elizabeth is a graduate of TSU, with a B.S. in Education and a Master’s in English. She taught high school English and Creative Writing in BCPS, and sponsored Dulaney’s Sequel literary/art magazine for six years. She has taught RI writing classes for over 20 years. She was editor of Reflections magazine for 6 years.*

25. Charcoal Drawing - Part 2

Instructor: Alina Kurbiel

Explore the expressive world of charcoal drawing, known for its enjoyable and accessible nature. Charcoal's bold marks cover large areas swiftly and can be effortlessly blended with fingers or tools like blending stumps. Unlike ink, it's forgiving, allowing for easy corrections and smudging. Start with simple "still life" to familiarize yourself with the medium, then progress to more complex subjects like birds, animals, or human figures. Whether you're a beginner or advanced artist, all are welcome to join.

*Alina Kurbiel hails from Silesia, Poland, where she earned her Master's degree from Silesian University. Following a successful career as a web developer and graphic designer with tech companies in Maryland, she transitioned to the world of traditional art. She mainly works in watercolors, ink and pencils. She is a signature artist of Baltimore Watercolor Society.*
26. Spanish is Fun-Intermediate – Level 2 - Part 2

Instructor: Judy Frumkin

This will be a zoom course and it will involve class participation. Topics will include, in Spanish, talking about what we used to do when we were young, sports, stores and shopping, living in a city, medicine and health, homes. Culture will be included in the class as well as literary readings.

Textbook: Spanish is Fun Book 2

Judy has been a high school Spanish teacher for over 40 years, 30 of them in the school system in Baltimore City. She has also taught on the college level and taught at RI for a number of years, ending about five years ago. She is also currently teaching Spanish via Zoom in her community (Leisure World in Silver Spring). She received her BA from American University and her MA from Coppin State University. She also studied for two summers in Spain.

27. Qigong - Beautiful Flowing Movements - Part 2

Instructor: Pamela Tanton

In this class, we'll do standing and seated movements as you follow the lead and explanations of the instructor. Questions are welcome at any time, and there's always time at the end of class for questions as well. Class is friendly and light and the movements are gentle. Pamela offers suggestions for modifying movements for people who may not always be able to lift arms super high, bend knees super low, etc. It's also completely fine to sit the entire time. Qigong is about flow, not force. That is the emphasis in this class.

Pamela started studying with her Chinese qigong master, Li Junfeng, in 2002. Since then, she has taken countless workshops, seminars, and 10-day teacher training sessions with him all over the world. She began teaching in 2004 and was certified in 2006. She's been teaching at Renaissance since the Spring 2018 semester and absolutely loves these classes.
11:00AM – 12:15PM

28. The Golden Door: Immigration in the 20th Century
(Campus)
(Limit 25)

Instructor: Nicholas Fessenden

This course combines lecture and discussion; some of the information was presented in an RI course last fall. America received 33 million immigrants during 1830-1924, peaking during 1900-1914. A nativist movement emerged, which led to America restricting immigration in the 1920s, which had tragic consequences for refugees fleeing persecution. Another consequence was the migration of Southern Blacks to Northern cities. In 1965, the U.S. opened its doors to immigrants from all countries, including Asia and Latin America.

Nicholas Fessenden taught History in the Upper School at Baltimore Friends School during 1972-2010. He also taught as an adjunct at Towson University and Maryland Institute of Art. Since retirement, he has helped establish and operate the Baltimore Immigration Museum, which opened in 2016. He has also been teaching courses on Baltimore immigration history at the Osher Institute, Community College/Baltimore County and the Renaissance Institute.

29. Renaissance Singers - Part 2
(Campus)

Instructor: Nancy Heinold

We are a four-part harmony choir. Anyone who enjoys singing is invited to participate. Music will be provided and there are no auditions. Everyone is welcome! This is not a sing-along or a choir singing renaissance music. We perform a variety of genres.

Nancy has been the conductor of the Renaissance Singers for many years. She has been an organist and choir director of an Episcopal Church for 35 years and been involved with music all of her life.
30. Joys of Volunteering (Limit 25)  

Instructor: Laurie Rosenberg

Learn of some of the many different volunteer opportunities in your area. Guest lecturers from different venues in the area will explain benefits, joys, hours needed. See shows, go to events or just feel the joy from helping others.

*Laurie has a degree in Information Systems Management and Accounting. Since retirement Laurie has devoted her time to RI and to many volunteer organizations. Laurie loves to travel and talk and share her experiences.*

31. Art Today - Part 2  

Instructor: Carolyn Sutton

What is contemporary art and who are the people who make it? Some definitions say the contemporary era dates back to the early 1970's, but for the purpose of this study we will focus on artists working in the 21st Century. We'll look at local, national and international artists working in traditional and new media. We will hear artists talk about what motivates them and how their practices differ from art of the past. Each week will have a loose thematic focus and we'll look at many images and videos that address different topics.

*Carolyn has a master's degree from the Rhode Island School of Design and taught art for 45 years. She was Director of Arts at The Park School for 20 years. She was also a member of the Education Advisory Board of the PBS series Art21: Art in the 21st Century.*
32. Misunderstood IV - Othello (Limit 20) 

Instructor: Sharon Harwood

This is the final exploration of Shakespearean villainy in the four-part series that covered Macbeth, Hamlet, Julius Caesar and now ends with Othello. Four different superb portrayals of villainy. As with the previous courses, the Shakespearean arch-villain of Othello will also be considered through the lens of a contemporary novelist as we ask: "Is this villain really that bad, or is he just misunderstood?"

**Textbook:** Folger's Edition of OTHELLO; a contemporary novel to be assigned

*Sharon Harwood is a retired educator who has resumed an earlier identity as an liberal arts major and thanks RI for the opportunity to explore so many aspects of literature and the visual arts through taking and giving courses.*

33. New Yorker Roundtable - Part 2 

Instructor: Brian Young

The New Yorker Roundtable is a lightly moderated discussion of articles in current issues of the magazine. Each week, 4-5 articles are selected for reading and discussion. The discussion includes the topic, writing style, and reader reaction.

**Textbook:** Participants need to acquire copies of The New Yorker by subscription, online, or from the library.

*Brian is retired from the aerospace industry where he held various positions, most prominently in Program Management. He has been reading The New Yorker and participating in discussion groups for 12 years.*
34. Spanish is Fun-Beginners – Level 2 - Part 2

Instructor: Judy Frumkin

This will be a zoom course and it will involve class participation. Topics will include, professions and occupations, activities, conditions, dates, parts of the body, and weather. Culture of the Spanish-speaking world will be included in the discussions.

Textbook: Spanish is Fun Book 1

Judy has been a high school Spanish teacher for over 40 years, 30 of them in the school system in Baltimore City. She has also taught on the college level and taught at RI for a number of years, ending about five years ago. She is also currently teaching Spanish via Zoom in her community (Leisure World in Silver Spring). She received her BA from American University and her MA from Coppin State University. She also studied for two summers in Spain.

35. Chair Yoga-Part 2 (Limit 40)

Instructor: Linda McGill

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Linda McGill is a Roland Park native of 33 years. She is a certified 500 hr YTT Yoga Meditation Teacher.
1:00PM – 3:00PM

36. Radio Theatre Performance Workshop - Part 2
(Campus) (Limit 22) (Parts 1 & 2 Required ****)

Instructor: Natalie Pilcher

Radio Theatre Performance Workshop - Join our informal production as we explore vintage radio stories, commercials, and original scripts. No memorization required since actors will have scripts in hand. This course will introduce techniques used to present voice acting in the ‘classic’ radio style. We will also learn the art of Foley, creating sound effects in real time as the stories unfold. Crash boxes, cow bells, drums etc. will either be provided or created by students with materials brought in by the instructor to create our Foley Tables.

**** Attendance required for both sections IF you want to perform in the final production. If you just want to test out the format of the class you can attend for the first six-week session.

Materials Fee: $5.00 fee to cover the costs of copying scripts.

Natalie Pilcher is an actor, director, teacher, and playwright. Between acting at Theatre Project, Allenberry Playhouse, and other theatres, she has taught at Catonsville Community College, Peabody Preparatory, The St. Paul’s Schools, and Oldfields. She’s directed productions at these schools, Maryland School for the Blind, Krieger Schechter Day School, and Jemicy as well as at other theatres. Natalie was previously an Artist in Residence for the Maryland State Arts Council.
37. Watercolors from Imagination - Part 2

Instructor: Alina Kurbiel

Welcome to a captivating world of imagination in watercolors. We'll explore whimsical themes and create fantastical scenes, like the vibrant "Mushroom World," where towering fungus dwellings and unique creatures come to life. In our Zoom sessions, our instructor will guide you through crafting enchanting scenes, inviting you to follow along or forge your own artistic path. Whether you're a beginner or experienced artist, join us in a supportive atmosphere where every stroke counts and creativity flourishes.

Alina Kurbiel hails from Silesia, Poland, where she earned her Master's degree from Silesian University. Following a successful career as a web developer and graphic designer with tech companies in Maryland, she transitioned to the world of traditional art. She mainly works in watercolors, ink and pencils. She is a signature artist of Baltimore Watercolor Society.
1:15PM – 2:30PM

38. Finding God in All Things: Life Lessons from St. Ignatius Campus Loyola and His Company – Part 2 (Limit 50) (Parts 1 & 2 Required)

Instructor: Fr Stephen Spahn

One of Ignatius' early biographers described him as "a man with a heart big enough to hold the whole world." Indeed, his journey from a life of wealth and power, through a struggle of self-discovery and freedom to newfound peace and purpose made him a man with a vision for humanity and its fulfillment. This lecture and discussion course will highlight some of the great insights Ignatius and his followers have developed and explore how they can be useful in our own lives - and in our increasingly polarized world.

*A member of Loyola University's Jesuit Community, Fr. Spahn teaches theology and directs Ignatian retreats and programs. He is a native of Colorado, the youngest of ten children and a proud alumnus of several Jesuit schools (Georgetown, Fordham and Boston College).*

39. Nia - Part 2 (Limit 25) Campus

Instructor: Rebecca Donnelly

Nia is a fusion fitness technique that is appropriate for all fitness levels. The fusion is dance arts, martial arts, and healing arts. You will move every part of your body! Mostly Nia is a fun, welcoming, movement class that will get your heart going and be low impact on the joints.

*Rebecca has been teaching Nia for 10 years and holds a Black Belt in the Nia technique. When she is not dancing she is running a healing center called BlueGreen Acupuncture and Bodywork where she also practices acupuncture.*
40. Gender and Women’s Health (Limit 25) 

Instructor: Diana Baker

Course format will consist of lecture and discussion. We will evaluate the relationship between gender and health outcomes both in the United States as well as globally. Students will become aware of how gender as a social construct influences the health and wellbeing of women. Biological and social processes related to women's health and disease will be explored. Issues such as violence against women, female genital mutilation, infanticide, lack of access to health care and education, health literacy, LGBT and sexual subjugation will be discussed using a women's health lens.

Diana Baker is an Assistant Professor at the School of Nursing with NDMU. She teaches about psychiatric mental health nursing and healthy aging. She is working on her Doctorate in Nursing Practice concentrating in psychiatric mental health at the University of Maryland. Her research has focused on the effects of trauma in education and has worked with NDMU initiative on LGBTQ+ ally training for faculty and staff. Diana has two children Clara, 7, and Samson, 5.

41. Walks in the Walters

Instructor: Sheila Vidmar

A series of Zoom presentations concerning the art and objects at the Walters Art Museum in Baltimore. “Exploring” the galleries via Zoom, we can examine, discuss, and compare paintings, sculpture and objects. We can also compare and contrast things that are not near each other in the museum, or not often on view. Our goal will be to have some fun, hone observation skills, and gain deeper appreciation of art of different times, different cultures, and different regions.

Sheila Vidmar retired from a career as an attorney and became a volunteer docent at the Walters Art Museum in 2013. In addition to touring in the galleries, she enjoys developing online presentations to showcase the Walters.
42. "Always Leave 'Em Wanting More" - Part 2  

Instructor: Amanda Joyce

This film class will focus on actors and directors whose careers were shortened, interrupted or constrained for a variety of reasons. Nevertheless, they created a thrilling body of work. All cinematic eras will be covered, and will focus on factors such as the transition from silent films to talkies; the censorship code; scandals; social taboos; warfare; the anti-communist blacklist; and on current issues affecting cinematic careers. The course will feature a one-hour presentation followed by a free-wheeling class discussion.

_Amanda Joyce has presented a number of film courses at RI. She is especially interested in the evolution of the film industry, and enjoys discussing movies from all eras._

43. Poetry Workshop - Part 2 (Limit 18)  

Instructor: Susan Marshall

In Poetry Workshop members come together each week to share their writing and to encourage one another in gaining experience and skill in that venture through gentle critique and group support.

_Susan Marshall earned her undergraduate degree in English at Notre Dame as a Continuing Education student. She returned there to earn her Masters in Liberal Studies. She has coordinated the Poetry Workshop for several years._
Thursday

First 6 Week Classes

Sept 12 – Oct 17
9:15AM – 10:30AM

44. Exploring Shakespeare’s Much Ado about Nothing (Limit 22)

Instructor: Maggie Ward

This course will explore Shakespeare's beloved comedy, Much Ado about Nothing, through class discussion, reading the play and video. The play turns on the archetypal story of a lady falsely accused and ultimately vindicated. Although villainy and schemes threaten to darken the humor, the brilliant wordplay of Beatrice and Benedick's "merry war of wits" proves that change is possible and love conquers all.


Maggie Ward is recently retired after 45 years as a teacher of English and theater. New to the Renaissance Institute, she has enjoyed meeting new friends and taking fascinating classes!

45. The Other Side of History, Daily Life in the Ancient World - Part 1 (Limit 25)

Instructor: John Meredith

This Course will explore the social, cultural, economic, and religious realities that dominated human lives, from the prehistoric times in through the Middle Ages, using a series of 30-minute videos presented by Professor Robert Garland from Colgate University. We will show 2 videos per class from The Great Courses and there will be opportunity for discussion. Part 1 will cover the time from the Paleolithic Period through the Ancient Greeks around 400 BCE. The course will continue as Part 2 in the second 6 weeks taking us to the Roman Empire. Both parts can be taken independently.

John Meredith is a retired Dentist and has been a member of the Renaissance Institute since 2015. He has had a lifelong interest in History and has led Courses in Civil War History, Music and Science.
46. Public Lens: Photojournalism & Documentary

Photography in America - Part 1 (Limit 25) (Parts 1 & 2 Required)

Instructor: David Lavine

Since its invention in 1839, photography has had a profound effect on American public life. Abraham Lincoln famously said that Matthew Brady’s flattering portrait of him contributed to his election to the presidency in 1860. Some say the Vietnam War was lost due to too much negative photo coverage. A sea of pictures has come to inundate us every day. How do we sort them out? We will explore such topics as presidential elections, reform efforts (in the Great Depression and Civil Rights era) and war.

David received a bachelor’s degree in History from the University of Delaware in 1967. After service in the Navy, he used the GI bill to study photography at the Maryland Institute College of Art. David received a Master of Fine Arts in 1977. He worked as a freelance photographer and he is an adjunct professor at Anne Arundel Community College. David’s work has been shown in local galleries.

47. Topics in Medicine - Part 1 (Limit 50)

Instructor: Bruce Rosenberg, M.D.

The course will be a lecture series discussing various medical problems e.g. hypertensions, diabetes, back pain, osteoarthritis and the approach to management, causation, basic physiology, etc.

Bruce is a recently retired general internist after 44 years of practice. Bruce received his Bachelor’s degree from Washington University, St Louis and medical degree from the University of Maryland.
48. Open Studio for Prose Writers - Part 1 (Limit 15)  

Hybrid

Instructor: Amanda Joyce, Saul Lindenbaum, Sheila Scriggins

This is a prose writing course for serious writers who want to give and receive in-depth feedback. Students are encouraged to bring their short stories, memoirs, essays or book chapters to class for reading and gentle critique. Class size is limited to 15. This is a hybrid course, presented on campus and via zoom.

_Amanda Joyce, Saul Lindenbaum, and Sheila Scriggins have been attending the class for years and have been published in RI's magazine, Reflections. As a team, they presented this course in the 2023 Fall Semester and the 2024 Spring Semester._

49. Awe: At the Intersection of Science and the Arts  

Zoom

Instructor: Janet Curratto

This class explores a variety of scientific and artistic domains, and seeks to show how understanding events from both perspectives can result in “awe-inspiring” experiences. For example, music can evoke strong emotions, but there are scientific principles behind the music’s production. On the other hand, our earth, moon, and sun are usually studied in the context of geology or astronomy, but they can produce amazing visual “art” such as beautiful sunsets, eclipses and – my favorite – the Northern Lights. (lecture/video/discussion).

_Janet has an ancient B.S. in Mathematics from UMD and an accounting certificate from UBalt. Then, upon retirement from a long career in IT and finance, she earned an M.S. in Educational Studies at JHU, focusing on cognitive science, mathematics learning, and the use of IT in education._
In this course you will learn about the life and legacy of Johns Hopkins – his ancestors, his friends, his Quaker faith, his business career, his charitable pursuits, and what we know about why he decided to found a university and hospital. Along the way, we will examine rare artifacts, read archival records, and discuss current controversies surrounding the long and eventful life of Baltimore's most famous philanthropist.

*Sydney Van Morgan teaches at Johns Hopkins University, where she also serves as director of the International Studies Program. Since 2020 she has been conducting research on the life of Johns Hopkins, the genealogy of his family, and the history of Quakers and antislavery movements in the Upper South before the Civil War.*
11:00AM – 12:15PM

51. Warriors, Queens and Intellectuals: More Great Women Before 1400 (Limit 30)  
C

Instructor: Page Campbell

Step back in time and view history through the stories of 12 women who changed the world with their ideas, leadership and sacrifices. This is a continuation of the Great Course of the same name, presented in Spring 2024. It is not necessary to have attended that session to appreciate this one. The course is presented via DVD, with two 30-minute lectures shown each class session, leaving time for discussion. The lecturer is Professor Joyce E. Salisbury of the Univ. of Wisc.-Green Bay.

Page Campbell is a long-time member who has presented a number of courses at Renaissance Institute.

52. Acting Improvisation -Part 1 (Limit 16)  
C

Instructor: Natalie Pilcher

Come join the Acting Improvisation class in a fun and relaxed setting. Tap into your creative imagination as you participate in comedic ad-libbed theatre games such as One Minute Professor, “Yes, and . . .” Questions Only, Rewind, and Gibberish Chat. You will be introduced to the basics of comedic improvisation. This class is a no-pressure way to enjoy collaborating with a group as we create a safe space to explore unscripted dramatics. In theatre, it is called a “play” after all!

Natalie Pilcher is an actor, director, teacher, and playwright. Between acting at Theatre Project, Allenberry Playhouse, and other theatres, she has taught at Catonsville Community College, Peabody Preparatory, The St. Paul’s Schools, and Oldfields. She’s directed productions at these schools, Maryland School for the Blind, Krieger Schechter Day School, and Jemicy as well as at other theatres. Natalie was previously an Artist in Residence for the Maryland State Arts Council.
Campus

Instructor: Susan Marshall

It has been said that John Keats' poetry might have equaled Shakespeare's had he lived beyond his 25 years. If this supposition intrigues you, I invite you to join this class in which we will examine many of Keats' most loved poems, as well as gain insight into the making of the poet.

Susan Marshall earned her BA in English at Notre Dame as a Continuing Education student, returning a year later to earn her Masters in Liberal Studies. Susan has coordinated RI's poetry workshop for several years and has taught courses in Greek Tragedy, poetry studies, and literature there, as well.

54. Views of the News - Part 1  
Hybrid

Instructor: Hollis Jackson

We meet to discuss the week's news. Each member is urged to review whatever sources of news which they use. I send out a list of possible topics for discussion, as well as those topics which they have found. We share our thoughts about what is happening. Courtesy is required.

Hollis is a long time Social Worker. She has been an RI member since 2010, and loves it. She has coordinated Views for last 10 years or so.

55. Art Talks  
Zoom

Instructor: Terry Weisser

Six experts in the art world will present illustrated lectures on Zoom, exploring the roles of curators, art conservators and scientists in enhancing our historical and technical understanding of art. Subjects will focus on the "back stories" about art, i.e. discoveries you will not find on a museum label. Former Walters Art Museum director, Dr. Gary Vikan, will start our series with a talk called, "Arm Wrestling with Holy Men," an amazing tale about what can happen when an exhibition includes works thought to be holy. Other speakers will be announced at the course previews.

Terry Weisser was Director of Conservation and Technical Research at the Walters Art Museum for 41 years. At retirement she was given the title Conservator Emerita. Graduating from Swarthmore College and the Institute of Archaeology in London, she continues to teach, lecture and publish, as well as advise on preservation of cultural heritage in Iraq.
56. Short Stories

Instructor: Indira Kotval, Katharine Chatard

This class is discussion format which includes the author’s writing style, background and reader’s reactions to the stories. Class participants will be able to purchase printed copies of the short stories for $15 prior to the Fall semester. Indira and Katherine will moderate the discussion and provide information on the selected authors and other books they have written.

Katharine enjoyed 10 years in various aspects of the London publishing world (magazines, literary agents, traditional books, coffee table books), as well as 8 years working for a local publisher in Baltimore.

Indira has led and participated in various short story classes at Renaissance. Indira has a major in English literature and she is a licensed social worker.

57. Freedom of Movement Somatics - Part 1

Instructor: Linda McGill

Somatics is a type of yoga class that creates a new freedom of movement, it works on strengthening the posture, core and helping the body feel stronger and better aligned using simple movements, breath and relaxation. Other benefits include relieving neuromuscular pain, regaining voluntary control of habitually tight muscles, improving coordination, balance, flexibility, while increasing self-awareness and mindfulness. Bring a yoga mat and blanket.

Linda McGill is a Roland Park Native of 34 Years. She is a certified 500-hour Yoga & Meditation Teacher.
58. Movies in the Afternoon (Limit 30)  

Instructor: Vickie Lapicki, Ted Walman

In this 6-week course, the instructors will exhibit selected films covering different genres. Films run the gamut from older classics to contemporary cinema. Each class starts with the instructor providing a brief summary of the film including title, year made, plot summary, actors, and director. The film is then featured with "closed captions". After the film concludes, the instructors provide additional background information and little-known facts which leads to an open discussion.

Ted Walman is a retired Optometrist and has a great love of movies. He leads a social group who attends movies on a regular basis. Vickie Lapicki takes great pleasure in sharing the experience of film with the members of Renaissance.
1:15PM – 2:30PM

59. Six Young Adult Banned Books (Limit 25)  
Campus

Instructor: Whitney Jacobs, Elizabeth Ruppert

A number of states around the country have been busy banning books, more so recently than in previous years. In some states dictionaries have been banned because of the sexual content. In our class, Six Young Adult Banned Books, we will read and discuss six of them. Join us. Our conversations are delightful.

Elizabeth and Whitney have offered this course a number of times ... just because we enjoy the discussions.

60. How the World Changed Because of the French Revolution & Napoleon (1794 - 1815) (Limit 25)  
Campus

Instructor: Carol Friedrich

The class will explore the changes that occurred in the world due to the French Revolution and Napoleon’s Reign through lecture, guest lecturers, and discussion. We’ll be looking at major changes in Art, Science, Literature, Music, Fashion and Decorating. We’ll use Power Point, music clips, and film clips. All which will lead to interesting discussions.

Carol has been a Renaissance member for two years. She has enjoyed herself so much that she’d like to give back. As a former elementary teacher, Carol enjoys imparting knowledge in a fun way. Carol lives next to her daughter, son in law, and 2 grandsons in Towson. Carol taught for 41 years. She was very active in her union including at the national level. Carol likes to read, sing, swim, cook, and play bridge.
61. The History of Marriage (Limit 25)  

Instructor: Barbara Blumberg Ressin

As a sociology course, The History of Marriage traces the convention of marriage from its earliest time in our world. We'll learn how religion, economics, politics, social mores, geography, and global events shaped the construct of marriage. What came first, polygamy or monogamy? What was considered the ideal decade of marriage? and finally, how did the "pill" affect marriage? Join me and learn the answers to these questions and many more. Marriage can be considered the oldest union in history, and its history is as fascinating as it is controversial in many aspects.

Barbara graduated from Towson University with a BS in Education, taught 3 years in the Baltimore City School system, 25 years in a private school, adjunct faculty member at Towson University Osher, Johns Hopkins University Osher, Florida Gulf State University, CCBC Hunt Valley, Essex, and Owings Mills campuses, as well as lecturer and course study instructor at various churches, synagogues, and private organizations across the state.

62. History of Death (Limit 50)  

Instructor: Jennifer Liles

This course would be a lecture/discussion about the History of Death. We will explore America’s history regarding the dying, death and mourning processes of the Gilded Age (Victorian Period) as well as the turn of the century, ending with a “what’s happening today” discussion. This is a look at the practices that became traditional in our daily lives and looking at where these came from and where things changed along the way. Society’s view of dying and death and mourning.

Jennifer Liles is a Public Historian who focuses on public history, looking at the way society has changed and where our traditions emerge and change. She often researches subjects and people who are not discussed and often not known, to bring forth a history of the area in which we live and share our local histories of the common people of our community.
63. Ballet Basics – Part 1 (Limit 20)  
Instructor: Susan Sklar

This course is designed to use classical ballet technique for the purpose of improving strength, flexibility, coordination, posture, range of motion and balance. Tap into your creative spirit, cultivate musicality and experience the joy of movement.

Susan Sklar received her ballet training at various local studios, Goucher College and the University of Maryland. She has performed in productions of Giselle, Swan Lake, La Bayadere and The Nutcracker. She has been dancing for all of her life and loves sharing her passion with a “new generation of dancers.

64. Monet and Impressionism  
Instructor: Joseph Cassar

This course focuses on Claude Monet and his art with special reference to the birth of Impressionism. The course covers Monet's artistic education and rise to fame with reference to several paintings. There will be discussions of his railway paintings, Haystacks series, Cathedral series and works executed in London and Venice. Finally, there will be an analysis of his waterlily series executed in his house garden in Giverny. The course is on Zoom rich in colored images that invite questions and discussion.

Joseph Cassar, Ph.D., successful artist, art historian, author, curator and educator studied at the Accademia di Belle Arti, Pietro Vannucci, Perugia, Italy, the School of Art in Malta and at Charles Sturt University in NSW, Australia. He has authored several books and lectured at many educational institutions in Europe and the US, including the Smithsonian, JHU, CCBC, and RI. He designs online art courses for the NY Times Knowledge Network and the U of MD Global Campus.
Thursday

Second 6 Week Classes

Oct 24 – Dec 05
9:15AM – 10:30AM

65. The Other Side of History, Daily Life in the Ancient World - Part 2 (Limit 25)

Instructor: John Meredith

This Course will explore the social, cultural, economic, and religious realities that dominated human lives, from the prehistoric times in through the Middle Ages, using a series of 30-minute videos presented by Professor Robert Garland from Colgate University. We will show 2 videos per class from The Great Courses and there will be opportunity for discussion. Part 1 will cover the time from the Paleolithic Period through the Ancient Greeks around 400 BCE. The course will continue as Part 2 in the second 6 weeks taking us to the Roman Empire. Both parts can be taken independently.

John Meredith is a retired Dentist and has been a member of the Renaissance Institute since 2015. He has had a lifelong interest in History and has led Courses in Civil War History, Music and Science.


Instructor: David Lavine

Since its invention in 1839, photography has had a profound effect on American public life. Abraham Lincoln famously said that Matthew Brady’s flattering portrait of him contributed to his election to the presidency in 1860. Some say the Vietnam War was lost due to too much negative photo coverage. A sea of pictures has come to inundate us every day. How do we sort them out? We will explore such topics as presidential elections, reform efforts (in the Great Depression and Civil Rights era) and war.

David received a bachelor’s degree in History from the University of Delaware in 1967. After service in the Navy, he used the GI bill to study photography at the Maryland Institute College of Art. David received a Master of Fine Arts in 1977. He worked as a freelance photographer and he is an adjunct professor at Anne Arundel Community College. David’s work has been shown in local galleries.
67. Topics in Medicine - Part 2 (Limit 50)  

Instructor: Bruce Rosenberg, M.D.

The course will be a lecture series discussing various medical problems e.g. hypertensions, diabetes, back pain, osteoarthritis and the approach to management, causation, basic physiology, etc.

*Bruce is a recently retired general internist after 44 years of practice. Bruce received his Bachelor’s degree from Washington University, St Louis and medical degree from the university of Maryland.*

68. Open Studio for Prose Writers - Part 2 (Limit 15)  

Instructor: Amanda Joyce, Saul Lindenbaum, Sheila Scriggs

This is a prose writing course for serious writers who want to give and receive in-depth feedback. Students are encouraged to bring their short stories, memoirs, essays or book chapters to class for reading and gentle critique. Class size is limited to 15. This is a hybrid course, presented on campus and via zoom.

*Amanda Joyce, Saul Lindenbaum, and Sheila Scriggs have been attending the class for years and have been published in RI's magazine, Reflections. As a team, they presented this course in the 2023 Fall Semester and the 2024 Spring Semester.*

69. The Johns Hopkins Legacy - Part 2  

Instructor: Sue Brooks, Betty Loafmann

The story of Johns Hopkins has two parts, “the man” and of even more importance, “the continuing legacy.” Meet authors, alums and friends of Johns Hopkins to explore the growth and development of Johns Hopkins University, the Medical Center and our city of Baltimore. Join us for an adventure in history featuring the professors, health professionals and students who made Hopkins famous; the impact of wars and world events that framed the progress; and the impact on Baltimore and beyond.

*RI member Susan Brooks developed the first public tours of Clifton Mansion, Johns Hopkins’ summer estate. She's delighted Professor Bill Leslie and journalist Neil Grauer, who have documented the development of the University and Hospitals will present, joined by alums remembering college life in the 60s and 70, plus insights into how women influenced this legacy with RI's Betty Loafman.*
70. Awareness and Presence in Everyday Life (Limit 12)  

Instructor: Andrea Naft

We will explore and experience various approaches to increase our awareness in our everyday lives, focusing on our physical bodies, hearts, and minds. Meditation, awareness exercises, sharing our efforts and experiences, and discussion will give us food for growth and understanding.

Andrea is a lifelong spiritual seeker. Her search has been influenced by students of the philosophers G.I. Gurdjieff and Rudolf Steiner, and mindful meditation. Grateful for what she has learned, she finds that by sharing with others, learning deepens.
71. The Lives of the Presidents (Limit 25)

Instructor: Ed Berkowitz

As the 2024 presidential election reaches its climax, this course will explore the lives of the people who have shaped the modern presidency. It will follow a historical format with lectures on people like Jimmy Carter and class discussions. No outside reading or prior knowledge of the subject will be required.

Ed Berkowitz, professor emeritus of History and Public policy at George Washington University, has offered courses on aspects of American history at Renaissance for the past four years.

72. Gustav Klimt: His Work, His World and His Women (Limit 50)

Instructor: Christine Bentley

Gustav Klimt was a talented as well as controversial artist who painted during the golden age of Viennese art. He is known for his sumptuous portraits of beautiful women and landscapes. Klimt scandalized the art world of his day, was a member of the Viennese Secession Movement and his work was iconic in the shift to modernism. The class will be delivered by lecture with PowerPoint Slides.

Christine Bentley, MSW, LCSW-C has taught at RI, CCBC and Osher. Ms. Bentley retired from the field of clinical social work and has always had an avid interest in history and historical figures. The city of Vienna and its arts and history have always been of particular interest. She has made several trips to Vienna and has done research on the work of Klimt and his times while there.
73. Acting Improvisation -Part 2 (Limit 16)  

Instructor: Natalie Pilcher

Come join the Acting Improvisation class in a fun and relaxed setting. Tap into your creative imagination as you participate in comedic ad-libbed theatre games such as One Minute Professor, “Yes, and . . .” Questions Only, Rewind, and Gibberish Chat. You will be introduced to the basics of comedic improvisation. This class is a no-pressure way to enjoy collaborating with a group as we create a safe space to explore unscripted dramatics. In theatre, it is called a “play” after all!

Natalie Pilcher is an actor, director, teacher, and playwright. Between acting at Theatre Project, Allenberry Playhouse, and other theatres, she has taught at Catonsville Community College, Peabody Preparatory, The St. Paul’s Schools, and Oldfields. She’s directed productions at these schools, Maryland School for the Blind, Krieger Schechter Day School, and Jemicy as well as at other theatres. Natalie was previously an Artist in Residence for the Maryland State Arts Council.

74. Views of the News - Part 2

Instructor: Hollis Jackson

We meet to discuss the week's news. Each member is urged review whatever sources of news which they use. I send out a list of possible topics for discussion, as well as those topics which they have found. We share our thoughts about what is happening. Courtesy is required.

Hollis is a long time Social Worker. She has been an RI member since 2010, and loves it. She has coordinated Views for last 10 years or so.
75. More Voices of Maryland

Instructor: Kay Pulcinella

This will be a Zoom course featuring a different speaker each week, sharing their area of expertise. The format will vary with the presenters, including lecture, Q&A, discussion, and demonstration. Presenters will include the owner of a local independent book store/coffee shop, an award-winning master wood carver from the Eastern Shore, the Director of the Maryland Park Service, and the former environmental columnist for the Baltimore Sun and author of several books about the Chesapeake Bay.

Kay Pulcinella, a retired nurse, has been a member of RI since 2014. She is currently serving on the RI Council and on the Social Committee. This will be the third “Voices of Maryland” class Kay is offering, and prior to that she coordinated “A Bouquet of Garden Experts”.

76. TED Talks

Instructor: Nancy St. Pierre

TED Talks are a collection of online videos by some of the world’s most inspired thinkers. We will watch some current videos on various topics and discuss each.

Nancy St. Pierre is a retired IT Specialist who enjoys quilting, exploring spirituality and teaching at Renaissance.

77. Freedom of Movement Somatics - Part 1

Instructor: Linda McGill

Somatics is a type of yoga class that creates a new freedom of movement, it works on strengthening the posture, core and helping the body feel stronger and better aligned using simple movements, breath and relaxation. Other benefits include relieving neuromuscular pain, regaining voluntary control of habitually tight muscles, improving coordination, balance, flexibility, while increasing self-awareness and mindfulness. Bring a yoga mat and blanket.

Linda McGill is a Roland Park Native of 34 Years. She is a certified 500-hour Yoga & Meditation Teacher.
1:15PM – 2:30PM

78. Kaleidoscope (Limit 25)  
Instructor: Vivian Appel

This 6-week course will bring together 6 speakers who will each present talks about areas of their expertise or special interests. Topics may range from cutting edge cancer research, medical insights, art history, literature, drama, or any subject of keen interest to the presenters. Questions and discussion will be encouraged.

*Vivian is a retired lawyer who for the last 15 years of her career was Family Court Administrator in Pennsylvania. She plays golf and mahjong, and is developing her skills as a sewist. Vivian is an avid traveler, in the last year visiting Kenya and Tanzania, France and Italy.*

79. The History of Advertising: 15 Ads that Changed the Way We Live (Limit 25)  
Instructor: Barbara Blumberg Ressin

Advertising products, whether a concrete one, such as a bottle of soda, or a nebulous one such as religion, has been around for eons. In fact, religion could be the first "product" ever promoted if you think along the lines of the crusades! In the last several centuries, advertising has been slightly more subtle nonetheless, equally if not more successful. We've all succumbed to the products that make us happier, cleaner, more intelligent, more attractive, athletic, sexy, and less forgetful. Join me in learning about the 15 products whose ads convinced us that we needed them.

*Barbara graduated from Towson University with a BS in Education, taught 3 years in the Baltimore City School system, 25 years in a private school, adjunct faculty member at Towson University Osher, Johns Hopkins University Osher, Florida Gulf State University, CCBC Hunt Valley, Essex, and Owings Mills campuses, as well as lecturer and course study instructor at various churches, synagogues, and private organizations across the state.*
80. An Exploration of Japan (Limit 50)  

Instructor: Beth Volk

Come explore Japan – its many islands, flowering trees, onsens (or hot baths), architecture, film, foreigners living in its midst, and its place in today's world – through the lens of history, geography, art, society, and current affairs. The class is primarily lectures supported by PowerPoint and videos. It reflects the instructor's research and her observations from living in Japan for a year. This course is a repeat of one offered in the past.

Beth Volk used her BA in Business Administration, Gettysburg College and MBA, University of Virginia in the investment business. Changing careers, she deployed a MA TESOL, Notre Dame College, teaching English as a Second Language to adults at several local colleges and for other organizations in Maryland and Japan.

81. Ballet Basics – Part 2 (Limit 20)  

Instructor: Susan Sklar

This course is designed to use classical ballet technique for the purpose of improving strength, flexibility, coordination, posture, range of motion and balance. Tap into your creative spirit, cultivate musicality and experience the joy of movement.

Susan Sklar received her ballet training at various local studios, Goucher College and the University of Maryland. She has performed in productions of Giselle, Swan Lake, La Bayadere and The Nutcracker. She has been dancing for all of her life and loves sharing her passion with a “new generation “of dancers.

82. Six Objects in Six Weeks (Limit 25)  

Instructor: Betsy Cumming

This will be half discussion and half lecture. I will choose six objects from the BMA collection. I will prepare information on the artist, time period, the objects place in art history. The class will be strongly encouraged to visit the museum to look at each object before the class. The class will discuss their observations and thoughts about the object. I will prepare some questions to think about as you look at the object.

Betsy has taught many courses at RI starting in 2006. She has a BA and half a masters in art history. Betsy worked at the BMA for 9 years in the 80’s to 1992 as a curatorial assistant in the Africa, the Americas and Pacific Islands department.
83. Ukulele

Instructor: Ray Forton

Experience the simplicity, fun and joy of making music playing the ukulele. This is an ongoing class and beginners are welcome and encouraged. The course will include some history of the instrument, basic music theory, learning to read chord charts, strumming patterns, playing simple melodies and songs.

*Music should bring great joy, or at least a few laughs and a good time to both players and listeners. Ray had a 22-year career as a public school music educator, which has taught him the importance of joy in learning music.*

“Come for the classes, stay for the Friendships.”

Photography/Videography Disclaimer

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