



Master of Science in Nutrition & Integrative Health

Human Clinical Nutrition AOC

TWO-YEAR PLAN OF STUDY

Entering Class of Summer 2024

This Plan of Study shows the sequence and schedule of courses in your program which are designed to optimize your learning opportunities and experiences, and to ensure timely completion of your program, and achievement of your professional and personal goals.

Students are expected to follow this Plan of Study. Failure to follow this plan may result in significant delays in completing your program, including limited course availability in some trimesters that could delay your progress and/or impact your financial aid eligibility.

If you are unable to follow this Plan of Study due to extenuating circumstances, it is your responsibility to immediately contact your Academic Advisor, who will guide you through the full impact of deviating from this plan and discuss the extent to which options exist for a modified Plan of Study. In this case, you are also responsible for verifying your remaining requirements, prerequisites and when courses will be offered.

Summer (April/May)			Fall (September)			Spring (January)		
1st Trimester - 2024			2nd Trimester - 2024			3rd Trimester - 2025		
ISCI 522	Foundations of Organic Chemistry	3	IHED 637	Principles & Practice of Health Behavior & Self-	1.5	RSCH 601	Research Literacy in Integrative Health	3
ISCI 547a	Physiology I: Healthy Function	3	ISCI 626	Nutritional Biochemistry	3	NUTR 612	Human Nutrition II: Micronutrients	3
ISCI 631	Introduction to Complementary & Integrative Health	1.5	NUTR 601	Redefining Nutrition	1			
NUTR 681	Cooking with Whole Foods Lab I	0.5	NUTR 614	Human Nutrition I: Macronutrients	2	NUTR 630	Dietary Supplements in Nutrition Practice	3
MUIH 500	University Orientation for New Students	0	NUTR 682	Cooking with Whole Foods Lab II	0.5	NUTR ____	Additional Cooking Lab <i>or during another trimester that works with your schedule</i>	0.5
MUIH 550	Academic Research & Scholarship	0						
	Trimester credits	8		Trimester credits	8		Trimester credits	9.5
	Total credits	8		Total credits	16		Total credits	25.5
4th Trimester - 2025			5th Trimester - 2025			6th Trimester - 2026		
NUTR 635	Applied Clinical Nutrition I	2	NUTR 636	Applied Clinical Nutrition II	2	NUTR 646	Applied Clinical Nutrition III	2
NUTR 641	Life Cycle Nutrition	3	NUTR 651b	Clinical Skills II	2	NUTR 672	Mindful Eating and Nourishment	2
NUTR 651a	Clinical Skills I	2	NUTR 654c	Clinic I	1.5	NUTR 654d	Clinic II	1.5
NUTR ____	Additional Cooking Lab <i>or during another trimester that works with your schedule</i>	0.5	OR			OR		
	Complete 1 Visit with a Nutritionist		NUTR 656c	Clinical Strategies in Nutrition Care I	1.5	NUTR 656d	Clinical Strategies in Nutrition Care II	1.5
			NUTR 723	Advanced Biochemistry and Labs Assessment	3	NUTR 6EXI	Nutrition MSNIH Comprehensive Exam	0
			* Complete ServSafe Manager Training <i>Can complete on campus by registering for NUTR001</i>					
	Trimester credits	7.5		Trimester credits	8.5		Trimester credits	5.5
	Total credits	33		Total credits	41.5		Total credits	47

Course prerequisites are specified in the course description, available in the Academic Catalog at <https://www.muih.edu/academics/academic-catalog>

* ServSafe Manager training must be completed prior to NUTR686 Cooking with Whole Foods Lab VI or before applying for graduation.

Credits Required for Degree Completion: 47

Online or Hybrid

Date last revised: 02/01/2024



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Summer (April/May)

Fall (September)

Spring (January)

<u>1st Trimester - 2024</u>				<u>2nd Trimester - 2024</u>				<u>3rd Trimester - 2025</u>			
ISCI	547a	Physiology I: Healthy Function	3	IHED	637	Principles & Practice of Hlth Behavior & Self-Care	1.5	ISCI	626	Nutritional Biochemistry	3
ISCI	631	Introduction to Complementary & Integrative Hlth	1.5	ISCI	522	Foundations of Organic Chemistry	3	NUTR	614	Human Nutrition I: Macronutrients	2
MUIH	500	University Orientation	0	NUTR	601	Redefining Nutrition	1				
MUIH	550	Academic Research & Scholarship	0	NUTR	682	Cooking with Whole Foods Lab II	0.5				
NUTR	681	Cooking with Whole Foods Lab I	0.5								
		Trimester credits	5			Trimester credits	6			Trimester credits	5
		Total credits	5			Total credits	11			Total credits	16
<u>4th Trimester - 2025</u>				<u>5th Trimester - 2025</u>				<u>6th Trimester - 2026</u>			
NUTR	630	Dietary Supplements in Nutrition Practice	3	NUTR	641	Life Cycle Nutrition	3	RSCH	601	Research Literacy in Integrative Health	3
NUTR	612	Human Nutrition II: Micronutrients	3	NUTR	651a	Clinical Skills I	2	NUTR	635	Applied Clinical Nutrition I	2
				NUTR	____	Additional Cooking Lab	0.5	NUTR	____	Additional Cooking Lab	0.5
						<i>or during another trimester that works with your schedule</i>				<i>or during another trimester that works with your schedule</i>	
		Trimester credits	6			Trimester credits	5.5			Trimester credits	5.5
		Total credits	22			Total credits	27.5			Total credits	33
<u>7th Trimester - 2026</u>				<u>8th Trimester - 2026</u>				<u>9th Trimester - 2027</u>			
NUTR	636	Applied Clinical Nutrition II	2	NUTR	646	Applied Clinical Nutrition III	2	NUTR	654d	Clinic II	1.5
NUTR	651b	Clinical Skills II	2	NUTR	654c	Clinic I	1.5			<i>OR</i>	
NUTR	723	Advanced Biochemistry and Labs Assessment	3			<i>OR</i>		NUTR	656d	Clinical Strategies in Nutrition Care II	1.5
				NUTR	656c	Clinical Strategies in Nutrition Care I	1.5	NUTR	672	Mindful Eating and Nourishment	2
								NUTR	6EXI	Nutrition MSNIH Comprehensive Exam	0
				* Complete ServSafe Manager Training <i>Can complete on campus by registering for NUTR001</i>							
		Trimester credits	7			Trimester credits	3.5			Trimester credits	3.5
		Total credits	40			Total credits	43.5			Total credits	47

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CURRICULUM COURSE LIST BY DEPARTMENT

Starting Class of Summer 2024

Can be completed in six trimesters

Name _____
ID# _____

Core Curriculum

42 cr

Nutrition 26 cr

NUTR 601	Redefining Nutrition	1 cr	_____
NUTR 612	Human Nutrition II: Micronutrients	3 cr	_____
NUTR 614	Human Nutrition I: Macronutrients	2 cr	_____
NUTR 635	Applied Clinical Nutrition I	2 cr	_____
NUTR 636	Applied Clinical Nutrition II	2 cr	_____
NUTR 641	Life Cycle Nutrition	3 cr	_____
NUTR 646	Applied Clinical Nutrition III	2 cr	_____
NUTR 651a	Clinical Skills I	2 cr	_____
NUTR 651b	Clinical Skills II	2 cr	_____
NUTR 681	Cooking with Whole Foods Lab I	0.5 cr	_____
NUTR 682	Cooking with Whole Foods Lab II	0.5 cr	_____
NUTR 723	Advanced Biochemistry and Labs	3 cr	_____
NUTR 654c	Clinic I	1.5 cr	_____
OR			
NUTR 656c	Clinical Strategies in Nutrition Care I	1.5 cr	_____
NUTR 654d	Clinic II	1.5 cr	_____
OR			
NUTR 656d	Clinical Strategies in Nutrition Care II	1.5 cr	_____

Additional Cooking Labs

1 cr

Choose two courses:

NUTR 683	Cooking with Whole Foods Lab III	0.5 cr	_____
NUTR 684	Cooking with Whole Foods Lab IV	0.5 cr	_____
NUTR 686	Cooking with Whole Foods Lab VI	0.5 cr	_____
NUTR 687	Cooking with Whole Foods Lab VII	0.5 cr	_____
NUTR 688	Cooking with Whole Foods Lab VIII	0.5 cr	_____

Integrative Health Education

1.5 cr

IHED 637	Principles and Practice of Health Behavior and Self-Care	1.5 cr	_____
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Integrative Sciences

10.5 cr

ISCI 522	Foundations of Organic Chemistry	3 cr	_____
ISCI 547a	Physiology I: Healthy Function	3 cr	_____
ISCI 626	Nutritional Biochemistry	3 cr	_____
ISCI 631	Introduction to Complementary and Integrative Health	1.5 cr	_____

Non-Academic Requirements

NUTR 001	SERVSAFE	0 cr	_____
NUTR 6EXI	Nutrition MSNIH Comprehensive Exam	0 cr	_____
MUIH 500	University Orientation	0 cr	_____
MUIH 550	Academic Research & Scholarship	0 cr	_____
_____	Complete 1 Visit with a Nutritionist	0 cr	_____

Research

3 cr

RSCH 601	Research Literacy in Integrative Health	3 cr	_____
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Human Clinical Nutrition AOC Curriculum

5 cr

Nutrition 5 cr

NUTR 630	Dietary Supplements in Nutrition Practice	3 cr	_____
NUTR 672	Mindful Eating & Nourishment	2 cr	_____

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