

# School of Integrative Health, NDMU

## Academic Policy and Procedures

Date: August, 2025

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### Subject: Academic Participation Standard

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## 1. Purpose

This policy outlines the University's standards for attendance and participation in academic courses and aligns with the Department of Education's definition of academically-related activities.

## 2. Policy

### 2.1 Attendance

Although MUIH is not required to take attendance by state, federal, or regional accrediting agencies, attendance is documented in the first week of certain courses to authenticate initial participation in academically-related activity. Additional course attendance requirements are designated by faculty members and vary depending on course content, learning outcomes, and assignments. Students should consult the "Course Policies" section of the syllabus for details.

### 2.2 Participation

#### 2.2.1 Online Courses

Students are expected to have active, consistent, and timely engagement in online courses and to participate in the course's academically-related activities.

Academically-related activities in an online course include, but are not limited to:

- submitting an academic assignment;
- taking an exam, an interactive tutorial, or computer-assisted instruction;
- attending a study group that is assigned by the University;
- participating in an online discussion about academic matters; and
- initiating contact with a faculty member to ask a question about the academic subject studied in the course.

As a general rule, students should expect to spend a total of 45 hours of time per credit over the course of the trimester. See Section 2.2.3 below for additional information and examples.

#### 2.2.2 On Campus Courses

While attendance requirements may vary (see Section 2.1), all students must participate in required

learning activities and assessments. As with online courses, students are expected to have active, consistent, and timely engagement in on campus courses and to participate in the course's academically-related activities.

Academically-related activities in an on campus course include, but are not limited to:

- physically attending a class where there is an opportunity for direct interaction between the instructor and students;
- submitting an academic assignment;
- taking an exam, an interactive tutorial, or computer-assisted instruction;
- attending a study group that is assigned by the University;
- participating in an online discussion about academic matters; and
- initiating contact with a faculty member to ask a question about the academic subject studied in the course.

The in-classroom and out-of-classroom hours vary for on campus courses depending on the type of course (e.g., didactic vs. lab) and whether the course is in an intensive or trimester-long format. As with online courses, student should expect to spend a total of 45 hours of time per credit over the course of the trimester. This includes hours inside the classroom and hours working outside of the classroom (reading, reviewing notes, completing assignments etc.). See Section 2.2.3 below for additional information and examples.

### **2.2.3 For both Online and On Campus Courses**

As a general rule, students should expect to spend a total of 45 hours of time per credit over the course of the trimester, in accordance with Policy 6065: Assignment of Credit Hours.

For example, in both a 3-credit course offered over 14 weeks and a 1.5 credit course offered over 7 weeks,, students should expect to spend a minimum of nine hours per week engaging in the modules and work that accompanies the course.

#### Example 1: A 3-Credit Course Offered Over 14 Weeks

A 3-credit course = (3 credits) x (45 hours/credit) = 135 hours

Students should expect to spend 135 hours divided by 14 weeks in the course = 9.6 hours per week

#### Example 2: A 1.5-Credit Course Offered Over 7 Weeks

A 1.5-credit course = (1.5 credits) x (45 hours/credit) = 67.5 hours

Students should expect to spend 67.5 hours divided by 7 weeks in the course = 9.6 hours per week

## **3. Approval and Revisions**

Approved by Dean, School of Integrative Health, Christina Sax, PhD (August 2025).  
Conversion of policy from Maryland University of Integrative Health