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[TIAA.org/webinars](https://www.tiaa.org/webinars)

Healthy Numbers: Integrating healthcare into your retirement plan

You can learn and plan for the cost of healthcare in retirement, including supplemental insurance, and the real benefits and costs of Medicare.

May 8 at 3 p.m. (ET)

Special Topic: Washington update—Policymaking in the age of disruption

Hear from TIAA's Head of Government Relations on the current political climate, what lies ahead in this mid-term election year, and how it could impact policy, markets and the economy.

May 9 at 12 p.m. (ET)

Special Topic: The 411 on 529 college savings plans

You can learn all about how 529 college savings plans work and how to invest in one for a child, grandchild, yourself or other loved ones.

May 10 at 12 p.m. (ET)

Within Reach: Transitioning from career to retirement

You can plan ahead to help make the most out of your retirement—from paying yourself to allowing for taxes, healthcare and estate planning wishes.

May 10 at 3 p.m. and May 16 at 3 p.m. (ET)

Special Topic: Online tools

TIAA's online tools and calculators can help everyone from savvy investors to those who need basic guidance to create a financial roadmap. This webinar will help you learn how to make the most of them.

May 15 at 12 p.m. (ET)

Gaining Insight: Navigating debt consolidation and understanding the mortgage process

Discover how to manage and consolidate debt, and get a primer to help make the mortgage process easier to navigate.

May 15 at 3 p.m. (ET)

Special Topic: Demystifying life insurance

Life insurance can play a critical role in your financial plan. You can learn how much you may need, what types exist, how much you can afford and much more.

May 16 at 12 p.m. (ET)

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Special Topic: How smart investors ride out market volatility

What's the best way to handle market ups and downs? TIAA offers best practices and actionable steps to help you pursue financial security.

May 17 at 12 p.m. (ET)

Charting Your Course: A financial guide for women

Women can face unique financial challenges. You can discover tailored approaches to saving for retirement and tips to make your money work hard.

May 17 at 3 p.m. (ET)

Special Topic: Top 5 estate planning mistakes

Estate planning done correctly serves as an essential part of an individual's overall financial plan. This webinar will discuss the most common errors people make in estate planning and how to help steer clear of them to help provide greater peace of mind both now and down the road.

May 22 at 12 p.m. (ET)

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